



USRowing Club National Championships
July 12-16, 2017
Harsha Lake, East Fork State Park, Bethel, Ohio

USRowing and the Clermont Sports Development Corporation are proud to host the 2017 USRowing Club National Championships.

This event is a five-day regatta that allows rowers to compete in and across different age and skill categories.

USRowing would like to thank the Clermont Sports Development Corporation for their help in organizing and hosting this year's event.

New for 2017

Below is a list of significant rule changes for this year's event. Be sure to read this packet in its entirety, as you are responsible for all information included herein.

- Information about 2017 Entry Fee Structure (pg 2-4)
- Important Dates and Deadlines -- Added list of dates and deadlines for easy reference (pg 5)
- "Express Lane" -- Added requirements and deadlines for eligibility (pg 8)
- Entry Fees -- Updated entry and late entry fee information (pg 8)
- On-Site Line-up Changes -- Added information about administrative fee (pg 12)
- Progression -- Updated progression with fewer semifinals (pg 16)
- Order of Events -- Events re-ordered compared to 2016 (pg 16-18)

Information about 2017 Entry Fee Structure

To our coaches, competitors, and members,

Following the 2016 racing season, USRowing's Board of Directors and staff conducted a full review of the working conditions at USRowing-owned championship events.

To this end, a subcommittee of the Board was formed, and worked with staff to develop solutions for improving the racing experience of competitors, staff, referees, volunteers, and rowing fans.

From this committee came a number of initiatives that will be enacted at the 2017 USRowing-owned events, beginning with the youth championships in May.

- Increased referee staffing -- USRowing is committing to providing funding for a 25% increase in the number of referees at its owned events
- Attracting top referee talent -- USRowing has committed a number of resources with the goal of attracting top referee talent to our most prestigious events. These include full travel reimbursements, to remove the financial burden of officiating USRowing's biggest events.
- Limiting the number of working hours in a single day -- USRowing's events have grown to levels that push the boundaries of physical daylight, physical safety of competitors and referees, and the work conditions and recruiting efforts for volunteers to staff the events. To these ends, USRowing is committed to keeping the planned racing schedules to no more than 8.5 hours of racing in a single day (generally, 8am-6pm). This will provide for improved fairness in a number of areas:
 - Officials and volunteers will be in better physical condition on the later days of the events, which typically host the most important races,
 - Improve each event schedule's ability to accommodate weather delays and interruptions,
 - Limiting the hours that coaches and athletes have to be ready to compete.

Enacting these improvements requires USRowing to make additional investments in the event budgets.

After the budget approval in December, USRowing staff has again worked with the Board of Directors in an effort to restructure the entry fees for USRowing owned events, making an effort to limit the amount of increase to regatta entry fees necessary to meet these investments.

At the regional level, USRowing worked to level pricing inequities found across the country. The west coast events were paying significantly higher entry fees than their counterparts in other regions. Those prices have been brought even with each other, resulting in increases for the events in the Southeast, Northeast, Mid-Atlantic, and Central regional events. From that equitable foundation, all regional events saw a 10% increase to reach the final entry fee numbers:

2017 USRowing Youth Regional Entry Fees	
8+	\$ 215.00
4x/4+	\$ 160.00
2x/2-	\$ 88.00
1x	\$ 66.00

2017 USRowing Masters Regional Entry Fees	
8+	\$215.00
4x/4+	\$ 160.00
2x/2-	\$88.00
1x	\$ 55.00

Entry fees for the national championships were set an average of 20% higher than the regional events, to represent the increased demands and prestige of these events.

2017 USRowing National Championship Entry Fees			
	Youth Nationals	Club Nationals	Masters Nationals
8+	\$ 248.00	\$ 248.00	\$ 248.00
4x/4+	\$ 182.00	\$ 182.00	\$ 182.00
2x/2-	\$ 121.00	\$ 121.00	\$ 105.00
1x	\$ 77.00	\$ 77.00	\$ 66.00

Along with the improved safety and fairness aspects, USRowing is also committed to elevating the experience at these championship regattas by providing programming and special events to create the “championship” atmosphere fitting for USRowing’s “Championship” members.

The new pricing structure will benefit coaches and competitors both on and off of the water.

If you have any questions about these, or any of the changes coming for 2017, feel free to contact alvin@usrowing.org or james@usrowing.org.

We look forward to a great racing season.

--

Susan Smith, USRowing

Director, Member Programs and Services

Important Dates and Deadlines:

- March 1, 2017 – Entry packet posted.
- March 15, 2017 -- Online registration opens on RegattaCentral.
- June 25, 2017 – Initial online registration deadline. All entry fees become non-refundable after this deadline.
- June 26, 2017 – Initial race schedule posted.
- June 28, 2017 – Online late entry deadline.
- July 5, 2017 -- Line-up deadline. All crews must meet the “Express Lane” requirements by this date in order to guarantee their eligibility for this option.
- July 10, 2017 – Venue opens for trailer parking & practice. RegattaCentral re-opens for last minute lineup changes. Initial start lists for time trials and heat sheets posted.
- July 11, 2017 – On-site credential pick-up is available. “Express Lane” opens. Last day for online line-up changes via RegattaCentral. Coaches & Coxswains Meeting.
- July 16, 2017 -- USRowing College Fair held after racing concludes.

Rules:

USRowing’s Rules of Rowing will govern this event. All member organizations should have received a copy of the 2017 Rules of Rowing.

An online version is available at <http://www.usrowing.org/About/RulesofRowing.aspx>

Be sure to take note of the approved rule changes, listed on page 1 of the rulebook.

USRowing licensed referees will officiate the event to ensure safety and fairness.

Venue:

Course: The course is a 2,000 meter, seven-lane, fully-buoyed course with a starting platform. Crews must be able to back into a stakeboat. Will adaptive events be 2000 M? If so we may wish to indicate that as there has been some discussion re: the best length for this race classification.

Directions to Harsha Lake, East Fork State Park – using Rt. 125

- From I-75 or I-71 southbound, take I-275 East (South) to Beechmont Ave. – Rt. 125E
- From I-75 or I-71 northbound, take I-275 East (North) to Beechmont Ave. – Rt. 125E.
- I-275 East/North to Beechmont Ave. – Rt. 125. Exit (#65).
- Follow Beechmont Ave – Rt. 125 East – for 9.5 miles. You will pass through Withamsville, Amelia and Mt. Holly. The road will change names – Stay on Rt. 125 East.

Note: As you pass through Amelia watch for 25 mph zone, it is closely patrolled, even at 6am!

The park turnoff is about 2 miles past the traffic light at Wal-Mart and Bob Evans restaurant.

Go to the second light past that point, to **Bantam**. At **Bantam** there is a light – turn left onto **Bantam**. Look for ‘welcome rowers’ sign. Drive 0.5 miles to the East Fork State Park entrance. Turn left into the park, and follow the signs to the Beach.

Drive about .9 mile, passing a cemetery and church on the left. Turn left where the park signs indicate the Beach and continue on for .6 mile to the lake. You will go down a small hill, and the lake will be in front of you. The park is roughly 1 hour east of Cincinnati.

Event Drone Policy:

Drones are not permitted to fly at the Lake Harsha venue, due to Army Corps of Engineer requirements.

Unapproved drones are not permitted anywhere on the regatta venue. Continued use of unapproved drones may result in penalties to the associated crew, and the operator may be subject to removal from the venue.

Events Offered:

	1 x	2x	2 -	4-	4+	4x	8 +
Elite/Senior Men							
Open	X	X	X	X	X	X	X
Lightweight	X	X	X	X	X	X	X
Intermediate Men							
Open	X	X	X		X	X	X
Lightweight	X	X	X		X	X	X
Youth Men							
U19	X	X	X		X	X	X
U17	X	X			X	X	X
Elite/Senior Women							
Open	X	X	X	X	X	X	X
Lightweight	X	X	X		X	X	
Intermediate Women							
Open	X	X	X		X	X	X
Lightweight	X	X	X		X	X	
Youth Women							
U19	X	X	X		X	X	X
U17	X	X			X	X	X
Para-Rowing Events							
Arms & Shoulders	X						

Trunk & Arms		X					
Leg, Trunk, & Arms		X			X		

These events are considered “Championship” events, and are counted towards the team point trophies. Events offered outside of this list are not included in the point trophy calculations.

USRowing Membership:

The USRowing Club National Championship is a USRowing-owned event.

Each participant is required to be a current, “Championship” member of USRowing. Each participant must also have a signed waiver on file for 2017.

Each competing organization is required to be a current organizational member of USRowing.

Memberships can be activated or renewed by visiting <http://www.usrowing.org/join.aspx> or by calling the Membership Services Department at (800) 314-4769.

Memberships should be handled prior to arriving for the event.

Pre-Registration “Championship” Membership (age 26 and under)	On-Site Registration “Championship” Membership (age 26 & under)	Pre-Registration “Championship” Membership (age 27 and over)	On-Site Registration “Championship” Membership (age 27 & over)
\$45	\$50	\$65	\$70

If you have questions regarding the status of your organizational or individual memberships, please contact our Membership Services department at (800) 314-4769 or members@usrowing.org.

A current listing of your athletes, their member numbers, and expiration dates can be found on your online roster: <https://rosters.usrowing.org>

Waivers:

All athletes should make sure to sign their USRowing waiver using their Championship Member number.

Credentials:

Credentials will be issued to athletes once registration is complete, membership and waiver information is verified, and all fees are paid in full.

A coach or team representative may pick up the credentials for their team if all team members meet the above criteria and the organization’s membership and regatta fees are paid in full. All team credentials must be picked up at the same time. Partial groups will not be distributed.

Athletes will be required to show credentials in order to pass through Control Commission and launch for racing sessions.

Crews will not be able to launch without showing proper credentials.

Each athlete will receive one complimentary credential as part of their registration for the event. Any replacement credentials can be purchased for \$10 at the registration desk.

“Express Lane”:

Any crew whose line-ups are complete, fully compliant with Membership requirements, and fully paid on all entry and other fees are eligible for the “Express Lane” on-site registration option.

These crews may collect their credentials without waiting in line to speak with a USRowing representative.

To be eligible, crews must be in compliance by the Line-up Deadline posted in this packet and on RegattaCentral.

After this deadline, a list of eligible crews will be made available.

Entry Information:

No paper entries will be accepted for this event.

All entries for this event must be submitted through [RegattaCentral](#).

Registration will be available beginning March 1, 2017 and ending Sunday, June 25, 2017.

Once the initial registration period closes, entries may be accepted in events where additional entries will not change the progression of the event.

Entry Fees:

Entry fees must be paid through your RegattaCentral account. RegattaCentral accepts Visa, Mastercard, American Express and Discover.

Entry fees will become non-refundable after June 25, 2017.

Category	Entry Fee	Late Entry Fee <i>(Total Cost after initial deadline)</i>
8+	\$ 248.00	\$372.00

4x/4+	\$ 182.00	\$273.00
2x/2-	\$ 121.00	\$181.00
1x	\$ 77.00	\$115.00

Late Entries:

Beginning June 26, 2017, late entries will be accepted in events where additional entries will not change the event progression or exceed entry limits.

Late entries must include complete line-ups, including online late entries.

RegattaCentral will be open to accept late entries until July 5, 2017.

After July 5, any additional late entries must be submitted at the regatta venue to the USRowing registration desk. No email entries will be accepted.

All late entry requests must be submitted no later than the close of registration on the day prior to the requested race.

Late entries will be subject to the Late Entry fees listed above.

Classifications:

Elite

A competitor is Elite who has been a member of the USRowing Senior National Team or any country's Senior National Team as a competitor (including as a spare) or a medalist at the U23 World Championships in the category at issue.

Senior

A competitor is a Senior who has won any Intermediate or Senior 2,000-meter Event at a designated USRowing national championship regatta or at the Royal Canadian Henley Regatta, and who has not advanced to the status of Elite.

Intermediate

A competitor is an Intermediate who has not advanced to the status of Senior or Elite.

U19

A Competitor may compete in the U19 category until December 31 of the year of his or her 18th birthday.

U17

A Competitor may compete in the U17 category until December 31 of the year of his or her 16th birthday.

Arms & Shoulders (AS)

Allocated to Adaptive Rowers with a verifiable and permanent impairment who have no or minimal trunk function. An Adaptive Rower in the AS sport class is able to apply force predominantly using the arms and/or shoulders. These Competitors will also likely have decreased sitting balance.

Trunk & Arms (TA)

Allocated to Adaptive Rowers with a verifiable and permanent impairment who have functional use of the trunk movement and who are unable to use the sliding seat to propel the boat due to significantly weakened function or mobility of the lower limbs.

Legs, Trunks, & Arms (LTA)

Allocated to Adaptive Rowers with a verifiable and permanent impairment who have functional use of their legs, trunk, and arms for rowing, and who can utilize the sliding seat to propel the boat.

Mixed

In Mixed Adaptive Events, half of the Rowers in a Crew shall be men and half shall be women. In the 4+, the Coxswain may be either a man or a woman and does not need to have an impairment.

Eligibility:

Rowers may compete in a higher skill class, but not a lower skill class. For example, a Senior athlete may compete in an Elite Event, but not an Intermediate Event. Adaptive Rowers may compete in a more functional sport class than their assigned class but not in a less functional sport class. For example, an Adaptive Rower classified as TA may compete in LTA Events, but may not compete in AS Events. Rowers classified as "N/E" are not eligible to compete in Adaptive Events.

All Adaptive Rowers shall be classified before competition by a USA or FISA Classification Panel. If an Adaptive Rower enters this regatta and does not have a classification status, the Rower may be defaulted from the final results of the Race.

A Competitor's classification by skill shall be determined separately with respect to Sweep Events and Sculling Events. Except for the provisions of the Elite status, a Competitor's classification in one category shall not affect his or her classification in the other. A competitor's classification by skill shall not be determined separately with respect to open events and lightweight events, and thus a Competitor's status as Elite, Senior, or Intermediate is applicable regardless of weight class.

A coxswain may compete in any of those categories regardless of his or her classification by skill with the exception that a coxswain who is not an amateur shall not compete in events classified by skill as Intermediate or Senior or classified by age as Youth.

A Competitor, including a Coxswain, who does not comply with Rule 4-104.1(a) (“Classification by Age”) shall not compete in a U19 or U17 event.

A Competitor’s eligibility to compete in events classified by age is not affected by his or her classification by skill.

A Rower may compete in an Adaptive Rowing Event if his or her disability meets the criteria set out in the Adaptive Rowing Classification Regulations and has been classified by a national or international Classification Panel into an eligible sport class. A Rower without a sport class or whose sport class has been withdrawn may not compete in Adaptive or Para-Rowing Events.

A Competitor shall know their eligibility, including their sport class if an Adaptive Rower or Para-Rower, and shall not compete in an Event for which they are not eligible.

There will be no protests over another Adaptive Rower’s sport class designation.

Unsportsmanlike Conduct:

Unsportsmanlike conduct includes, but is not limited to, failure to heed the instructions of race officials, use of obscene language or gestures, delaying a race without just cause, intentional or flagrant disregard of principles of safety and fairness, or abusive behavior toward any official, team member, or spectator.

A crew that engages in unsportsmanlike conduct, on land or water, may be assessed a penalty by a race official.

Any team member, including a competitor, who engages in unsportsmanlike conduct at any time during the regatta may have his or her further participation at the regatta curtailed or prohibited by a race official.

A crew may be subject to an “unsportsmanlike conduct” penalty if a person affiliated with their organization, including spectators and parents, engages in the use of an unapproved drone at the regatta venue.

Lineups:

All entries should include the lineup of athletes to compete as part of that entry. All entries must have names no later than July 5, 2017.

After July 5, entries without completed lineups will be considered late entries and subject to the fees and restrictions associated with such designation. Entries with placeholder names, such as “A Rower”, will be considered incomplete.

Substitutions:

After July 5, 2017, crews may substitute up to one half of their line-up, as well as the coxswain.

No substitutions are allowed for single sculls after July 5, 2017 in accordance with the USRowing Rules of Rowing. Substitutions in single sculls must be completed as a scratch, followed by a late entry request for the new competitor.

Line-ups will remain open on RegattaCentral for editing until Wednesday, July 5, 2017. RegattaCentral will remain closed for credential printing and "Express Lane" notifications.

RegattaCentral will be re-opened to accept any last minute line-up changes on Monday, July 10 and Tuesday, July 11, 2017.

Any line-up changes needed on racing days must be completed at the USRowing registration desk.

After the first race in an event has taken place, the composition of a crew shall remain the same and no substitution shall be allowed for any subsequent races in that event, except as provided in Rule 5-207 ("Illness of Competitors"). This rule will be strictly enforced.

On-Site Line-up Changes:

Any line-up change required beginning Wednesday, July 12, must be completed on-site, and will be subject to a \$5 administrative fee for processing the request.

Payment is due before a line-up change can be officially made.

On-site changes must be submitted to USRowing a minimum of one hour before the first race of an event.

Scratches:

Entries may be scratched without penalty through RegattaCentral until June 25, 2017. All scratches made after this date are subject to a forfeiture of the entry fees.

Scratches made beginning the first day of racing for the regatta will be subject to a \$50 scratch fee.

Crews failing to notify USRowing of their intention to scratch prior to one hour before the race in which the crew is entered will be subject to a no-show fee of \$100 due before the organization will be allowed to compete in subsequent races.

Weigh-Ins:

Competitors shall be weighed in racing uniform without shoes or other footgear. The racing uniform shall cover the torso of the competitor.

Lightweights:

The weight of Rowers in lightweight events shall be determined once each day during either the Weigh-in Window or the Adjusted Weigh-in Window, but not both.

Competitors who fail to weigh-in during either the Weigh-in Window or the Adjusted Weigh-in Window shall be deemed ineligible to race.

When an Adjusted Weigh-in Window is created due to a scheduling change, a Competitor may weigh-in during either the original Weigh-in Window or the Adjusted Weigh-in Window, but not both,

provided the Competitor completes his or her weigh-in prior to the newly Scheduled Time of the Race and on the same day as the newly Scheduled Time of the Race.

“Adjusted Weigh-in Window”: Should Race Officials adjust or alter the racing schedule for compelling reasons, changing the amount of time between the Weigh-in Window and the newly Scheduled Time of the Race, an Adjusted Weigh-in Window shall be created. The Adjusted Weigh-in Window shall be no less than one (1) hour and not more than two (2) hours before the newly Scheduled Time of the Race.

An “Adjusted Weigh-in Window” is only created if an adjusted schedule is officially posted or published by USRowing. Commonly occurring delays throughout the day are not considered an official adjustment to the schedule.

Lightweight Men:

Max: 160 lbs. (no average)

Lightweight Women:

Max: 130 lbs. (no average)

Coxswains:

The weight of Coxswains shall be determined once **each day** during either the Weigh-in Window or Adjusted Weigh-in Window, but not both. In the event a Coxswain is weighed after the applicable Weigh-in Window or Adjusted Weigh-in Window but before the first Race in which the weight is relevant, the Coxswain may be subject to one of the penalties described in Rule 2-602 (“Types of Penalties”); the presumed penalty for such infraction is a Warning. Failure to weigh-in at any point in time prior to the first Race in which the weight is relevant shall constitute a violation of Rule 4-105.1 (“Coxswain’s Weight”) and result in the Coxswain being deemed ineligible to race.

When an Adjusted Weigh-in Window is created due to a scheduling change, a Competitor may weigh-in during either the original Weigh-in Window or the Adjusted Weigh-in Window, but not both, provided the Competitor completes his or her weigh-in prior to the newly Scheduled Time of the Race and on the same day as the newly Scheduled Time of the Race.

“Adjusted Weigh-in Window”: Should Race Officials adjust or alter the racing schedule for compelling reasons, changing the amount of time between the Weigh-in Window and the newly Scheduled Time of the Race, an Adjusted Weigh-in Window shall be created. The Adjusted Weigh-in Window shall be no less than one (1) hour and not more than two (2) hours before the newly Scheduled Time of the Race.

An “Adjusted Weigh-in Window” is only created if an adjusted schedule is officially posted or published by USRowing. Commonly occurring delays throughout the day are not considered an official adjustment to the schedule.

Coxswains who do not comply with the minimum weight standard must provide their own materials to create deadweight in accordance with the USRowing Rules of Rowing. This weight must be placed in the boat as close to the torso of the coxswain as possible, and is specifically forbidden to be distributed throughout the boat. At any time, before or immediately after the race, the Referee,

another Race Official, or a member of the Control Commission may require the weight of the deadweight to be checked.

Crews must provide their own weight making materials.

Excess clothing, equipment, electronic systems, tools, and other utilitarian devices germane to competition shall not be considered part of the coxswain’s weight and shall not be included as part of any deadweight.

Weighted vests cannot be worn in order to achieve the minimum weight.

Coxswain for Men’s and Mixed Events:

Coxswain for Women’s Event:

Minimum: 120 lbs.

Minimum: 110 lbs.

Minimum Weight of Boats:

All boats shall comply with the following minimum weights:

<i>Category</i>	<i>Weight (kg)</i>
1x	14
AS 1x	24
2x	27
LTA 2x	27
2-	27
2+	32
TA 2x	37
4-	50
4+	51
LTA 4+	51
4x	52
8+	96

The minimum weight of the boat shall include seats, rudders, skegs, fins, and riggers. For the purposes of determining the minimum weight of boats, the following definitions shall apply:

- “Attached” shall mean glued, taped, “Velcro-ed”, or any other form of attachment such that if the boat is picked up or turned over, the item shall not fall out.
- “Firmly Fastened” shall mean a glued, screwed, bolted, welded or any other form of fastening such that it is not possible to change or manipulate the item during the time on the water or that the equipment or boat shall be damaged by forceful removal of the item.

The minimum weight of the boat shall also include:

- Loud speakers if they are firmly fastened to the boat and associated wiring for such speakers;

- Any housings or fixings that are firmly fastened to the boat for the purpose of holding electronic or other equipment;
- Cables and wires required to connect the firmly fastened equipment, and
- Seat pads that are attached to the seat

The weight of AS and TA boats shall include the strapping which is firmly attached to the boat, the seat and/or to its fittings.

The weight of a boat shall not include oars, the bow number or any other item not firmly fastened to the boat. Straps, paddings, and other items directly related to Adaptive Rowing which are not bolted, screwed, or glued directly to the boat or seat shall not be included in the weight of the boat.

Equipment that replaces a part of the body (prosthesis) even if bolted, screwed, or glued directly to the boat or seat shall not be included as part of the weight of the boat.

If a boat is underweight, additional deadweight shall be added to bring the boat into compliance.

It is the sole responsibility of the Crew that its boat has met the required minimum weight.

Crews nominated to have their boat weighed will be notified as they leave the water by a Race Official or other appointed person who shall accompany the Crew to the weighing scales.

Once the Crew has been notified, no extra weight of any description can be added to the boat until the boat has been weighed.

At the official weighing of the boat, the normal wetted surface of the boat is accepted. However, any standing water must be removed before the weighing, in particular any water between the shoulders and under the decking. All other items not firmly fastened must be taken out of the boat before the weighing.

If a boat is below the minimum weight, it will be reweighed after the Race Official has tested the scales with a gauged weight.

The first offense penalty for having raced in an underweight boat in an Event, except for a finals Race, shall be relegation. If the Crew races again in an underweight boat in a later round of the same Event, the penalty shall be exclusion. The penalty for having raced an underweight boat in a finals Race shall be exclusion.

Test Weighing: Scales will be available during official practice sessions, beginning Tuesday, July 12, 2016. Specific times will be listed in the confirmation packet sent to crews after the close of registration. Test weighing during racing sessions may be allowed at the discretion of the Chief Referee.

Weighing the boat outside of the official weigh-in for their race is done for the crew's information, and has no bearing on their official weigh-in, if selected after a race.

Equipment:

All equipment used in competition must meet the USRowing Rules of Rowing requirements for equipment.

Each organization is responsible for ensuring that their equipment meets these standards.

Bow numbers will be provided to crews when launching to race by Control Commission.

Crews will not be allowed to launch without bow balls firmly attached and mounted on the bow, and the proper bow number securely affixed to the hull.

Crews are also responsible for ensuring their footwear meets the standards in the USRowing Rules of Rowing. "Heel ties" shall not allow the heel to raise more than three inches (7.5cm) above the foot board. Crews arriving at Control Commission with improper heel ties will have to leave the launch area to correct the issue, and pass through Control Commission for additional inspection.

Adaptive rowing equipment should conform with the standards set in the USRowing Rules of Rowing, including any necessary strapping equipment.

Progression:

Modified USRowing Progression "C"							
Entries	Time Trial	Advance	Heats	Advanc e	Semifinals	Advance	Final
1-7			0	-	-	-	Final Only
8-14			2	3	-	-	Grand Final
15-21			3	2	-	-	Grand Final
22+	1	14	-	-	2	3	Grand Final

Only Grand Finals will be run at the 2017 USRowing Club National Championships.

Order of Events:

Grand Finals are scheduled to be run in the following order:

Wednesday, Thursday, Friday Events

- 1 Womens Intermediate 4x
- 2 Womens U17 1x
- 3 Mens U19 4x
- 4 Mens Elite/Senior 1x
- 5 Womens Elite/Senior 2-
- 6 Womens U19 2x
- 7 Womens Elite/Senior 2x
- 8 Mens Intermediate 2x
- 9 Mens U17 2x
- 10 Mens Intermediate 8+

1
1 Mens Intermediate Ltwt 4x
1
2 Womens U19 8+
1
3 Mens Intermediate Ltwt 4+
1
4 Womens Intermediate Ltwt 2x
1
5 Womens Elite/Senior Ltwt 4x
1
6 Mens U19 4+
1
7 Mens Elite/Senior 4+
1
8 Womens Intermediate 4+
1
9 Mens Elite/Senior Ltwt 2x
2
0 Womens Elite/Senior Ltwt 4+
2
1 Womens U17 4+
2
2 Mens Intermediate 2-
2
3 Womens Intermediate 1x
2
4 Mens Elite/Senior Ltwt 2-
2
5 Womens Elite/Senior Ltwt 1x
2
6 Mens U17 8+
2
7 Womens U17 4x
2
8 Mens Intermediate Ltwt 1x
2
9 Womens Intermediate Ltwt 2-
3
0 Mens U19 1x
3
1 Womens U19 2-
3
2 Mens Elite/Senior 4x
3
3 Womens Elite/Senior 4-
3
4 Mens Elite/Senior 4-

- 3 Mens U19 2-
- 5
- 3 Womens U19 1x
- 6
- 3 Mens Elite/Senior Ltwt 4x
- 7
- 3 Mens Intermediate Ltwt 8+
- 8
- 3 Mens Elite/Senior 2+
- 9

Friday, Saturday, Sunday Events

- 4 Womens U19 4x
- 0
- 4 Mens Elite/Senior 2-
- 1
- 4 Womens Elite/Senior 1x
- 2
- 4 Mens Intermediate 4x
- 3
- 4 Mens U17 1x
- 4
- 4 Womens Intermediate 2x
- 5
- 4 Womens U17 2x
- 6
- 4 Mens U19 2x
- 7
- 4 Mens Elite/Senior 2x
- 8
- 4 Womens Intermediate 8+
- 9
- 5 Mens Intermediate 4+
- 0
- 5 Womens Elite/Senior 8+
- 1
- 5 Womens Intermediate Ltwt 4x
- 2
- 5 Mens U19 8+
- 3
- 5 Mens Elite/Senior Ltwt 4+
- 4
- 5 Womens Elite/Senior Ltwt 2x
- 5

5 Mens U17 4+
6
5 Mens Intermediate Ltwt 2x
7
5 Womens Intermediate Ltwt 4+
8
5 Womens U19 4+
9
6 Mens Elite/Senior Ltwt 4-
0
6 Womens Elite/Senior 4+
1
6 Mens Intermediate Ltwt 2-
2
6 Womens Intermediate Ltwt 1x
3
6 Mens Elite/Senior 8+
4
6 Womens Elite/Senior 4x
5
6 Mens Intermediate 1x
6
6 Womens Intermediate 2-
7
6 Mens Elite/Senior Ltwt 1x
8
6 Womens Elite/Senior Ltwt 2-
9
7 Mens U17 4x
0
7 Womens U17 8+
1
7 Mens Elite/Senior Ltwt 8+
2
7 LTA Mixed 4+
3
7 TA Mixed 2x
4
7 AS Mens 1x
5
7 AS Womens 1x
6
7 LTA Mixed 2x
7
7 Womens Open 1x - Dash
8
7 Mens Open 1x - Dash
9

General Schedule Information:

Events with 2 or fewer entries will be removed from the schedule.

The regatta schedule will generally follow the schedule below. This outline is to assist teams with their planning, but is tentative and subject to change.

Events 1-39:

Wednesday, July 12: Time Trials

Thursday, July 13: Heats and Semifinals

Friday, July 14: Finals

Events 40-79:

Friday, July 14: Time Trials

Saturday, July 15: Heats and Semifinals

Sunday, July 16: Finals & Dash Events

The schedule will be finalized once entries have been received.

Time Trials

All crews must have their assigned number securely fastened to the bow of their shell.

Time trials, when needed, will be conducted over a 1,900 meter distance. The top 100 meters of the course will be used as the starting area.

Odd numbered crews will row in lane 5, even numbered crews will row in lane 3.

Crews will be started in alternating lanes every 20 seconds, leaving a 40-second gap between boats in the same lane.

The Starting Area:

A marshal will be positioned near the 2,000 meter start to direct crews to either enter the course or the warm-up area.

Crews are responsible for staying in numerical order, staying behind crews with lower numbers and in front of crews with higher numbers.

Crews are responsible for maintaining their proper order, and distance within the chute. Crews are also responsible for ensuring they remain in the chute as they approach the start line. Crews failing to

maintain their proper position may be delayed, moved to the end of the starting order, penalized, or excluded.

The starter will tell you that you are approaching the start line.

A crew's race time begins once their bow ball crosses the start line.

Passing:

A crew being overtaken must yield to the outside lane to allow the overtaking crew to pass.

Any crew failing to yield will be excluded.

A crew is deemed to be overtaking another crew when it has moved to within one length of open water of the crew ahead.

Referees will give instruction in accordance with the USRowing Rules of Rowing. If it is necessary to exclude a crew during a race, a referee will raise a white flag and instruct the crew to "stop". A crew so instructed shall quickly move out of its lane so as not to interfere with any other crew.

Broken Equipment:

A crew experiencing broken equipment during the race should move to the outside lane.

If breakage happens within the first 100 meters of the race, the crew will be given 30 minutes to attempt to repair the damage. If the repair is completed within the 30 minute window, the crew will be allowed to restart. Race time rescheduling will be at the discretion of the Starter and/or Chief Referee.

If breakage happens outside of the first 100 meters, the crew should attempt to continue travelling down the race course, to the finish line, without hindering racing crews. The crew will not be given the opportunity to restart the event.

Dashes

The "Dash" events at the end of the regatta are non-championship events, open to all competitors. The events are held over a 500 meter distance, utilizing floating starts and finishing at the set finish line.

"Dash" events will not follow a full progression. The field will be randomly drawn into 7-lane final-only flights.

Coaches and Coxswains Meeting:

The Coaches and Coxswains Meeting will be held Tuesday, July 11, 2017, at 6:00 p.m.

All crews are responsible for any information disseminated at this meeting.

Practice Times:

Practice times will be published in the confirmation packet sent to crews that have registered for the event.

The course will be available for practice beginning Monday, July 10, 2017, and as time allows once racing begins.

Crews are not to be out on the water outside of posted practice times.

Safety marshals will monitor official practice sessions on the water, and may assess warnings to crews if appropriate.

Due to the volume of the races scheduled at this event, available practice time will be limited. Plan your training schedule accordingly.

Crews will have access to athlete and boat scales for practice weighing sessions beginning Tuesday, July 11, 2017.

Medals:

Entries	Medals Awarded		
	Gold	Silver	Bronze
0-2	Event Scratched from Schedule		
3	X		
4	X	X	
5+	X	X	X

Team Point Trophies:

Team point trophies will be awarded to the teams that earn the most points in men's and women's events, respectively.

Only events designated as "Championship" events will be included in the calculation of team points. The Open Dash events, and any other events offered outside of the list in this packet, are not included in the team point trophy calculations.

Points shall be awarded as follows:

Boat Class	Points for 1 st Place in Grand Final
1x	10
2x, 2-	15
4+, 4-, 4x	20
8+	30

# Boats in Final	Percentage of 1 st				
	2 nd	3 rd	4 th	5 th	6 th
2	20%				
3	40%	20%			
4	60%	30%	5%		
5	80%	40%	10%	5%	
6+	80%	40%	20%	10%	5%

Composite crews are not eligible to earn points toward team point trophies.

Crews affiliated with USRowing Development Camps, Pre-Elite Camps, or similar entities are ineligible to receive team point trophies.

Composite Crews:

Crews made up of representatives from different clubs must be entered as composite crews.

The affiliation of each member of the crew must be submitted when the crew is registered.

Competitors are allowed to represent one organization at this regatta.

Composite crews are not required to wear matching uniforms, or have matching oar blade designs.

Composite crews are not eligible to earn points toward team point trophies.

Foreign Crews:

Foreign crews, including single scullers, must be current members of their nation’s recognized governing body for the sport of rowing to be eligible to compete.

Foreign crews will be allowed to progress through an event based on their finish.

If a crew entered by a foreign club or rowing federation, or a foreign unaffiliated single sculler, places first, second, or third in a national championship event, it shall receive special gold, silver, or bronze medals memorializing the accomplishment, but the national championship medals and the designations and entitlements of national champion, shall be given only to domestic crews according to order of placement.

Foreign crews are ineligible to receive team point trophies.

Inclement Weather Information:

The Chief Referee, USRowing, and the LOC will work together to monitor the weather continuously during the event.

Should it be determined that schedule changes are necessary due to weather concerns, the following weather plan will be utilized:

Communication Plan

Weather-related schedule changes will be announced utilizing the following mediums.

1. Posted on the results board at the regatta site.
2. Announced over the on-site sound system.
3. Posted online via Twitter, Facebook, RegattaCentral, and the USRowing Club Nationals event website.
4. Via text message. Coaches, athletes and parents can register to receive weather related text messages by texting "USRowing" to 313131. This service will only be used for weather-related messages.

To ensure that each crew has at least 1 representative on the texting list, USRowing will manually add the Race Day Contact listed on RegattaCentral to the texting system.

Teams are responsible for staying updated on announced schedule changes.

Please direct any questions about schedule changes to USRowing at the registration area.

Schedule Changes will be made with the following priorities

1. Delay racing either later the same day or to the next day, if time is available.
2. Begin racing earlier than previously announced. Announcement will be made no later than 3 hours before racing or 9:00 p.m. the evening before in the case of morning racing.
3. Utilize a time-trial system for a round of the event.
4. Omit a round of the event. The composition of the next round will be determined on the basis of the results of those rounds that have been completed. If grand finals must be omitted, medals will be awarded based on the results of the last completed round of the event.
5. Run only events that have not had a previous racing round completed, if time allows.
6. Cancel regatta.

Under no circumstances will races be run after Sunday, July 16, 2017.

Weigh-in Procedures

In instances where inclement weather causes a change in the scheduled race times for events that require the weighing of competitors (lightweights or coxswains), the time in which a competitor must be weighed will be affected as follows:

If the Scheduled Time of the first race is officially changed, then competitors may weigh-in during the original Weigh-in Window or the Adjusted Weigh-in Window.

The "Adjusted Weigh-in Window" is no less than one (1) hour and not more than two (2) hours before the new official start time of the first race in which the weight is relevant. The "Adjusted Weigh-in Window" only applies when a new official start time is published and posted. Normal regatta delays do not result in creating an "Adjusted Weigh-in Window".

In the event that a race is rescheduled to a different day, competitors competing in that event will be required to weigh-in on the newly scheduled day, during the Adjusted Weigh-in Window scheduled in accordance with the new race time.

Hotel Information:

USRowing has partnered with EMC Venues to provide accommodation options for teams and spectators travelling to the 2017 USRowing Club National Championships. Rooms are now available at a variety of hotel properties near the Harsha Lake venue.

Use the link below to see a listing of properties available:

[2017 USRowing Club National Championships Hotel Link](#)

Contact Information:

AJ Dominique III, Senior Events Manager, USRowing

(225) 335-2924

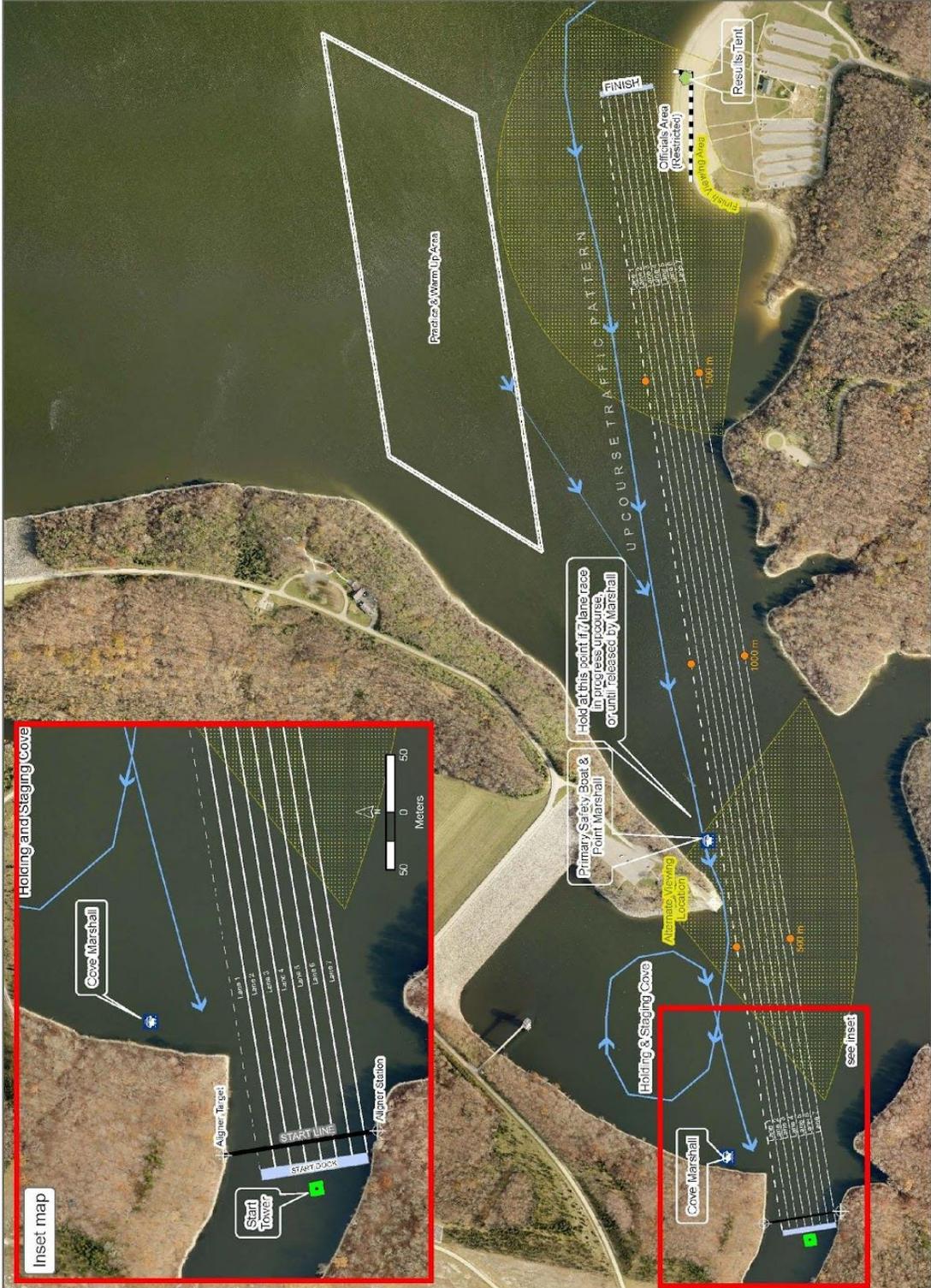
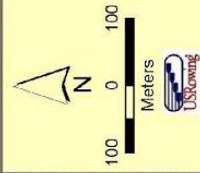
alvin@usrowing.org

SHEET

1

OF FOUR

VENUE PLAN - RACE COURSE



TIME TRIAL TRAFFIC PATTERN

